

2022/23 IMPACT REPORT

the **POWER** *of* **COMMUNITY**



JFSC

OUR IMPACT: 2022/23

ENRICHING LIVES, STRENGTHENING COMMUNITIES

Over the past year, we witnessed a critical increase in need across our communities.

Calgary experienced the highest annual inflation rate since 1982, creating widespread effects, from food insecurity to mental health and financial challenges. The war in Ukraine also resulted in increased resettlement needs.

Through our commitment to address community needs, and with the support of our donors, funders, and partners, we made a tangible and positive impact in our community.

Here to Tell Exhibit

JFSC's Claims Conference Team and clients participated in the *Here to Tell: Faces of Holocaust Survivors*, a commemorative and educational photography exhibit presented by Calgary Jewish Federation's Holocaust and Human Rights: Remembrance and Education.



97%
of clients agree/
strongly agree that
they are treated
with dignity and
respect



Canadian Association on Gerontology Presentation

Samantha, Memory Care Program Lead, and Sharon, U of C Nursing Student and JFSC volunteer, presented a poster outlining JFSC's unique community-based approach to address dementia care, at the 51st Annual Scientific and Educational Meeting, Canadian Association on Gerontology.

Café Europa

“ This year's 'Café Europa' party was the first social gathering for seniors in the last two years, at least for my mom. Everybody was friendly, smiling, and enjoying.

The event left the feeling of joy, hope and calmness. Thank you and JFSC for organizing such a nice party for seniors who feel very isolated in their old age, especially with the pandemic... ”

- Fred L

154
PARTICIPANTS
Cafe Europa,
October 2022



Queen's Platinum Jubilee Medal

Roxanne Droppo received the Queen's Platinum Jubilee Medal, December 2022, in recognition of her significant contributions to the Province of Alberta.



Bhayana Awards

Presented to those who dedicate themselves to improving our communities. JFSC, as a partner of The Way In Network, was recognized for the value and efforts of non-profit staff in Alberta.

Josie came to JFSC for basic needs support

after she lost her job due to Covid downsizing. One month prior, she was married, parenting two teenagers, owned her home, had savings for emergencies and a close network of extended family and friends.

Life changed on September 5, 2022. Laid off from her job, she expected severance pay, but instead received an overdraft charge from her bank. She discovered that her account

was overdrawn, savings were gone, mortgage was in arrears, and her only credit card was maxed out. Josie discovered her husband was on-line gambling, they were in financial trouble, and their marriage was in shambles. Her bank advisor recommended she contact JFSC for basic needs support to get her through.

At JFSC, Josie learned about the other services available to her. She attended financial coaching sessions and requested parenting resources to help her work with her boys to help them through the transition of moving out

of their home. She was also referred to JFSC's Mental Health Support Line, the therapist supported her family while in crisis and addressed their marital issues.

Eight months later, Josie checked in with JFSC's Aftercare support, and reported that she is back working full time, they downsized and sold their home, are continuing in family and marital therapy, and she is hopeful for the future. Josie identified through her client satisfaction survey that without JFSC and the agency's community, she believes her family would not have recovered from their crisis. JFSC was her lifeline.

“ I’ve learned that you can deal with adversity and still find happiness and peace. ”

Kathy T, caregiver group participant



308% INCREASE

in basic needs support



86,343

Home Support hours

65.9% INCREASE

in demand/need for JFSC programs and services



74% of Seniors Mental Health & Addictions clients showed an improvement in their mental health



100% of Caring Together Support Group participants strongly agree/agree that “participating in the Group has helped to strengthen my coping strategies.”



82% of Family Enrichment clients showed improvement in education and learning, employment, financial, physical health, housing and social connection



76% of Older Adults showed an improvement in social connection and overall wellbeing



74% of Aging in Community Support clients report they have not been re-admitted to hospital since accessing the Program



74% of Memory Care clients showed an improvement in their meaningful activity, level of independence and social connection



“ I now have hope that I will be able to keep my house, I didn’t think that was going to be possible. ”

John L, client

*based on pre and post client self-assessments 2022/23

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JFSC

Jewish Family Service Calgary

#420, 5920 1A Street SW, Calgary AB T2H 0G3

T 403-287-3510

F 403-287-3735

E info@jfsc.org

W www.jfsc.org



Enriching Lives and Strengthening Communities since 1961

At JFSC we welcome people of all ages, faiths, and cultures. We are a non-profit, accredited social service agency, our inclusive and accessible programs and social services are based on the values of compassion, social justice and improving the world.

A downloadable PDF is available at www.jfsc.org

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